



SUNDAY 10am Centre meeting had a surprisingly good turnout.



**WEDNESDAY CLUB NIGHT (Dec13th)**      *only 1 more (DEC 20 Santa)*

6.00pm. 300m hurdles , High Jump, Shot put

6.15pm. 3,000m                      6.35pm. 60m + Discus

6.45pm. 800m                        7.00pm. 200m

**CONGRATULATIONS STEPHEN BURDEN:** Our only representative at Nth Is Masters championships in Ingelwood: 1<sup>st</sup> place: 60m, 100m, 200m, Jav / 2<sup>nd</sup> place: Long Jump (Nth Is RECORD) Pentathlon (Set NZMA age group record in Pentathlon) awesome effort Stephen..

**HAWKS RESULTS** from *NZ Secondary School Championships* Dec 1,2,3 Hastings

Apologies to anyone I have missed – it is tricky knowing what school you all go to.

**Gold Medals:**

- Charli Miller x 3      Junior Girls 3000m, 4km Road Race & 2km Steeplechase
- Kayla Goodwin      triple jump
- Hamish McGiven      Junior Boys 300m Hurdles
- Sam Montgomerie      Senior Boys 2km Steeplechase
- Caroline Kolver      Junior Girls Shot Put PB.
- Isiah Priddey 3k and 1500m senior boys

**Silver Medals:**

- Jemima Antoniazzi x 2      Junior Girls 3000m, 1500m
- John McLean                      Junior Boys 300m Hurdles
- Charli Miller, Holly Williams, Kate Bradley      Junior Girls 3-person Road Race
- Alessandra Macdonald      300 hurdles      and      100m Hurdles

- Connor and William 3 person team, road race
- Charles Annals 100m hurdles + Triple jump PB. (Jnr)
- Amiee Ferguson 1500m Jnr. + 3k

**Bronze Medals:**

- Annalies Kalma Junior Girls 200m
- Annalies Kalma, Charli Miller, Sophie Waddell, Maddie Brown JG 4 x 400m Relay
- Lauren Henry Bronze Senior Girls Long Jump
  
- Grace Ritchie road race , Bronze + 3 person team bronze road race

AND a big handful of 4<sup>th</sup> places - many with Personal Best performances.

CONGRATULATIONS ALL OF YOU .....You did your schools and HAWKS very proud.



Shots from Hastings .....

**NEXT WEEKEND:**

There is NO WAIBOP Centre meeting because of the OPEN and U18 Northern Region Championships at **PAPAKURA** on Saturday Dec 16<sup>th</sup>. Starting at 12noon.\*\*\*

**URGENT ATTENTION REQUIRED:** \$10 registration **CLOSES tonight** (Sunday 10<sup>th</sup>) midnight. Late entries accepted but only until midday Monday (\$20).

ENTRIES are on line on the AUCKLAND ATHLETICS web site..... Program includes: (in program order) DISCUS, LONG JUMP, HIGH JUMP, 800m, JAVELIN, 400m, 100m, TRIPLE JUMP, SHOT PUT, 200m, final event 4.50pm is the 3K.