



HAWKS T & F NEWSLETTER 2018 No 9



21 starters in the 2K road race on Wednesday night. Thanks to Mark Cornaga for introducing this event to Club night.

**NEXT WEDNESDAY (final of 3 secondary schools open meets)**

- 6.00pm 300m HURDLES + HIGH JUMP + SHOT PUT
- 6.15pm 60m
- 6.35pm 800m + DISCUS
- 6.45pm 200 or 2 x 100m RELAY
- 7.00pm 3,000m + 2,000M Steeplechase



GOOD LUCK to all our Oceania regional championship athletes m- off to TAHITI this week .....



**SATURDAY Centre meeting TAURANGA 24<sup>th</sup> NOVEMBER**

- 3.00pm 300 / 400m HURDLES + SHOT PUT + LONG JUMP
- 3.25pm 3,000m
- 3.45pm 100m \* 4.00pm DISCUS + HIGH JUMP
- 4.10pm 400m \* 4.40pm 200m \* 5.00pm 800m



*Taylor Twins lead the way in 100m hurdles Heptathlon Nth Island championships*



*From the 70s. Sarah Fox, Terry Genge, Debbie Otto. Criss Strange and Paul Wilson 400m hurdles (pre-HAWKS)*

**COLGATE GAMES** – please pick up entry forms on Wednesday night. All entry forms need to be given to Dianne by 28<sup>th</sup> November.

**Results from the SAM JOHNSON throws meeting and Sunday Centre meeting will be in next newsletter:**