



2026-2027

Track & Field Handbook

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Contacts

Postal Address	Track & Field Section Hamilton City Hawks Athletics Inc. C/- 5 Johnsfild Place, Rototuna Hamilton 3210		
Telephone Enquiries	Dianne Rodger	027 459 6467	
	Criss Strange	027 297 5123	
	Hamilton City Council Porritt Emergency Call Line 07 838 6699		
Web site	www.hamiltoncityhawks.co.nz		
Email	track@hamiltoncityhawks.co.nz		
Bank Account	02-0316-0030011-000		

Club Administration

Patron	David Southwick		
President	Aynslee Rodger		aynsleedianne@gmail.com
Vice President	Iain Rattray		
Secretary	Dianne Rodger	027 459 6467	didave.rodger@slingshot.co.nz
Treasurer & Membership	Mary Rogerson		mary.rogerson1959@gmail.com
Committee	Criss Strange	027 297 5123	crissstrange@gmail.com
	Brett Addison	027 849 0990	brettaddison@xtra.co.nz
	Steve Cornes		
	Susan Fell		
	Ben Bidois		
	Glenn Stirling		
	Cameron Mumby		

Club Captains

Life Members

Ashley Taylor	Brett Addison	Criss Strange
David Southwick	Dianne Rodger	Douglas Taylor
Kevin Bradley	John Tylden	Judy Chandler

Coaching

Coaching is available on club nights. Should you want advice or further information on coaching, please talk to one of our club coaches.

Name	Events
Alan McDonald	Para events
Criss Strange	Sprints Hurdles Jumps
Debbie Strange	Throws
Keving Bradley	Hurdles Sprints Middle-Long Distance
Iain Rattray	Sprints Jumps
Dhruv Bulukhale	Sprints
Mark Cornaga	Sprints Middle-Long Distance
Graham Dudfield	Middle-Long Distance

Officials

We always want more officials to help on Club Nights. You need no qualifications or special qualities.

Officiating on Club Nights is a very social activity.

Talk to Criss Strange or Aynslee Rodger if you can help out. Athletes - if you are injured or not competing on a Club Night, your assistance is more than welcomed.

If you wish to become a qualified graded official, we can arrange courses for you. Athletics Waikato-Bay of Plenty **always** needs officials, and YOUR help would be appreciated.

Contact WBOP Centre Manager for further information administrator@athleticswbop.org.nz

Communications

The Hamilton City HAWKS Track & Field Athletics believe that it is important to keep members well informed about activities of the Club and how the sport operates at Regional and National levels. We believe that well-informed members will be better able to plan their season, and thus perform at a higher level, as well as having a better overall understanding of our sport.

Our Communication Plan has six components:

- 1. Website:** The club website: [Track & Field – Hawks](#) has all the information you will need about the Club and its activities. Visit the site regularly to keep up to date.
- 2. Newsletters:** Each week we publish a newsletter, which will include the programme for club night, results, news, and notices which are important to athletes. Make sure you get them emailed to you or check the link on the website and Facebook. The Newsletter is produced by Criss Strange, so contact him if you have any news or comment for inclusion. **Please let us know if you are not receiving newsletters so that we can ensure the club has your current contact details.** Link to newsletter subscribe [Hamilton City Hawks Track and Field](#)

- 3. Noticeboard:** We regularly update the noticeboard at Porritt Stadium. Team selections and information from Athletics Waikato-BOP and Athletics New Zealand will also be on the board.

Please make sure you read the Noticeboard regularly.

- 4. Club Nights:** These are an important means of communication within the Club. You can have your Newsletter emailed, ask questions of Club Captains, Club Officials, and chat to fellow Club Members. Even if you are injured, make the effort to come down to the track on Wednesday evenings, to catch up on all of the news and assist the running of club night or an event.
- 5. Email:** The club communicates with Athletics New Zealand, Athletics Waikato-BOP and its Members by email. Please let Dianne or Criss know if you change your email address during the season and make sure your email is your contact in GameDay.
- 6. Facebook:** Make sure you 'like' our **Hamilton City Hawks T&F** page.

Registration

		A	B
Category	Grade	Full Summer Registration	Registered with Hawks R&XC Top up for T&F
Senior (23+)	SM/SW	\$132	\$50
Competitive Member 20-22 years	SM/SW	\$123	\$50
Masters	MM/MW	\$132	\$50
19 and Under	U20	\$105	\$50
17 and Under	U18	\$105	\$50
Quarterly 15 to 19 Years Q3 (Oct to Dec) and Q4 (Jan to Mar)	U20/U18	\$59	
13 & 14 years	B/G 7-14	\$85	\$50
Quarterly 13 to 14 Years Q3 (Oct to Dec) Q4 (Jan to Mar)	B/G 7-14	\$54	
Coach/Official/Volunteer		Free	

Notes:

- Ages for MU20, WU20, MU18, WU18, BU14 and GU14 are as at **31st December 2026**
- If you have paid a registration with Hawks Road & Cross Country, column B fees apply
- Paying registration entitles you to participate in **all club activities**, as well as registering you with **Athletics Waikato BOP** and **Athletics New Zealand**.
- Registrations are online only on our Hawks website [Member Registration Form - GameDay](#)
- Hawks Track & Field accepts members aged 13 years and over. Athletes under 13 are encouraged to join either [Fairfield Athletic Club](#) or [Hinemoa Athletics Club](#).
- Paying a full membership entitles you to participate in **all club activities**, as well as registering you with **Athletics Waikato BOP** and **Athletics New Zealand** to allow you to

compete in **Open Meetings, Classic Meetings, Waikato BOP Championships, Athletics NZ Championships**, appearing in **Athletics NZ official Ranking Lists**, be selected in **Athletics Waikato BOP and New Zealand teams**. It also means you are covered by **Athletics NZ Insurance**.

- Ages are taken as at **31 December 2026**.
- If you have paid a Hawks Winter membership since 1 April 2026, you are already registered, but you will need to purchase a **Summer Top-Up**.
- Registrations should be paid **before you first compete** at an Athletics Waikato-BOP meeting (the first one is 17 October).
- If you are renewing your membership, whichever club you were a member of last season, please log in using your existing email address and if you need to, use "Forgot password". Please don't create a new profile.

Uniforms

Where a Club Uniform must be worn

Hawks Club members are required to wear the Club Uniform at Waikato BOP and Regional Champs, National Teams Competition meetings (if not selected in WBOP team) and at any other major meetings such as the Athletics NZ Classic Series. Club members should wear Club Uniform at all Athletics Waikato-BOP Centre meetings and is optional on Club Nights. Logos are now permitted on your uniform. Shorts must be black.

Where can you get a Club Uniform?

Uniforms can be purchased on Club Nights. They will usually be available 3 weeks after ordering if not in stock, so make sure you plan ahead. If you have any questions about uniforms, please see Susan Fell.

These prices are current at printing and may alter as additional stock is purchased.

Singlets	\$60
¾ Crops	\$60
Bra-tops	\$60

Club Nights

Club nights occur every Wednesday 6pm-7.30pm kicking off October 7th. Starting practice happens in warm ups from 5:30pm.

Key dates

October 2026

- 7 Welcome to Hawks Club Night - Events by Request
- 14 Programme A
- 21 Programme B
- 28 Programme C (Club Champs 200m, 800m, High Jump, Discus)

November

- 4 Open School Invite A
- 11 Open School Invite B
- 18 Open School Invite C
- 25 Programme A (Club Champs 1500m, Short Hurdles, Shot Put)

December

- 2 Programme B
- 9 Programme C
- 16 Hawks Xmas Fun Night
- 23 No Club night
- 30 No Club night

2027

January

- 6 Programme A
- 13 Programme B
- 22 Programme C
- 29 Programme A (Club Champs 100m, Long Jump, Hammer)

February

- 3 Programme B
- 10 Programme C
- 17 Programme A
- 24 Programme B (Club Champs 400m, 3000m, Triple Jump, Javelin)

March

- 3 Modified programme
- 10 Modified programme
- 17 Modified programme
- 24 Modified programme Final Club night

Club Night Programmes

	Time	Track	Field
Program A	6:00pm	1500m	Long Jump + Shot Put
	6:10	80-100-110m Hurdles	
	6:20	100m	
	6:40	600m	
	6:50	150m	
	6:55	300m	
Program B	6:00pm	30m	Long /Triple Jump + Javelin
	6:00	2km Road Race	
	6:15	50m	
	6:25	400m /4 x 100m Relay	
	6:40	1000m	
	6:50	80m	
Program C	6:00pm	200 / 300m Hurdles	High Jump + Discus
	6:15	100m	
	6:20	800m	
	6:40	200m / 2x100m Relay	
	6:50	3000m	

Club Champs

This season the Hamilton City HAWKS Club Champs will be held throughout the season.
See Club Nights.

See Athletics WBOP Summer Handbook for other championship information. [2026-2027-WBOP_Track_Field_Handbook.pdf](#)

Points will be allocated in Waikato-Bay of Plenty Champs' events for the first 3 HAWKS members (5 - 4 - 3 -2- 1) in all events for each grade (B & GU16 up to Masters). Athletes from each grade with the highest points in each grade will be awarded the points trophies at the end of the season. There are quite a number of Club Trophies awarded for specific events, and for special achievements that are listed on pages 17 & 18.

Athletics Waikato-Bay of Plenty 2026-2027 Calendar of Regional Events

OCT 2026		
Sat 10 - 11 Oct	Masters Womens Throws	Whitianga
Sat 17 Oct	WBOP Open Series #1	Porritt 2.00pm
Sat 31 Oct	WBOP Open Series #2	Porritt 2.00pm
NOV 2026		
Sat 7 Nov	WBOP Open Series #3	Tauranga 2.00pm
Sat 7 Nov	Whakatane Ribbon Day	Whakatane 10.00am
Sun 8 Nov	WBOP Masters Have-A-Go Day	Porritt 11.00am
Sat 14 Nov	WBOP Open Series #4	Porritt 2.00pm
Sun 15 Nov	Sam Johnson Memorial Throws Meeting	Porritt 9.00am
Sat 21 Nov	WBOP Open Series #5	Tauranga 2.00pm
Sat 21 Nov	Te Awamutu Ribbon Day	Te Awamutu 10.00am
Sun 22 Nov	WBOP Masters Have-A-Go Day	Tauranga 11.00am
Fri 27-Sun 29 Nov	North Island Masters Track & Field Champs	Porritt Stadium
Sat 28 Nov	WBOP Open Series #6	Porritt Stadium
Sat 28 Nov	Bellevue Ribbon Day	Tauranga 10.00am
DEC 2026		
Sat 5 Dec	WBOP Open Series #7	Tauranga
Sat 5 Dec	Paeroa Ribbon Day	Paeroa
Fri 11 – Sun 13 Dec	NZ Sec Schools Track & Field Champs	Whanganui
Sat 19 Dec	Night of 5's	Auckland
Sun 20 Dec	Masters Xmas Meeting	Tauranga Middy
JAN 2027		
Sat 2 Jan	Tauranga Twilight + WBOP 3000m Champs	Tauranga
Sun 3 Jan	NZ & WBOP 10,000m Champs	Tauranga
Fri 8- Sun 10 Jan	North Island Colgate Games	Whangarei
Sat 9 Jan	Lovelock Classic	Timaru
Fri 15-Sun 17 Jan	South Island Colgate Games	Invercargill
Sat 16 Jan	WBOP Open Series #8	Porritt
Sun 17 Jan	WBOP Masters Champs	Tauranga 9.00am

Sat 23 Jan	Potts Classic & NZ Short Track Champs	Hastings
Wed 27 - Sun 31 Jan	Oceania Masters Champs (incl NZ Masters Champs)	Christchurch
Sat 30 Jan	Cooks Classic (inc. NZ Mile Champs)	Whanganui
FEB 2027		
Mon 1 Feb	Capital Classic	Wellington
Fri 5 - Sat 6 Feb	Sola Power Throws	Wellington
Sat 6 Feb	WBOP Open Series #9	Tauranga
Sat 6 Feb	Auckland-WBOP Challenge (Childrens)	Porritt
Fri 12 Feb	Te Aroha Short & Sweet Childrens Meet	Te Aroha
Sat 13 Feb	Porritt Classic Youth Pre Meet	Porritt
	Porritt Classic (inc. NZ Senior Steeplechase Champs)	Porritt
Sat 13 - Sun 14 Feb	NZ Combined Events Championships	Dunedin
Sun 14 Feb	Masters Trophy Day	Porritt Midday
Sat 20 Feb	Waikato Bay of Plenty T&F Champs	Porritt
Sat 20 Feb	Cambridge Pentathlon	Cambridge 9.00am
Sun 21 Feb	International Track Meet	Christchurch
Sat 27 Feb	Fairfield Ribbon Day	Porritt
Sun 28 Feb	Sir Graeme Douglas International	Waitakere
MARCH 2027		
Tues 2 Mar	WBOP Sec Schools Central Zones	Porritt 9am
Wed 3 Mar	WBOP Sec Schools BOP Zones	Tauranga 9.00am
Thurs 4 Mar	WBOP Sec Schools Thames Valley Zone	Paeroa 9.00am
Sat 6 - Sun 7 Mar	WBOP Children's T&F and Relay Champs	Tauranga
Tues 9 Mar	WBOP Sec Schools King Country, Northwest and South Waikato Zones	Te Awamutu 9.00am
Thurs 11 - Sun 14 Mar	NZ Track and Field Championships	Auckland

Sat 20 Mar	WBOP Open Series #10	Porritt
Sun 21 Mar	Masters Multi Events Champs	Tauranga 9.30am
Tues 23 Mar	WBOP Sec Schools Championships	Porritt 9.00am
APRIL 2027		
Sat 3 - Sun 4 April	North Island Sec Schools Championships	Wellington

Guide to Competition Meets

Open Meets: Meets are open to all athletes and are a limited programme. Entry fee is

Club Registered Athletes (current membership to WBOP affiliated club)	\$11.00 + \$2.00 per event entered.
Secondary School Athletes (who are not a WBOP club member)	\$16.00 + \$2.00 per event entered.
Unattached Athletes (who have no club membership)	\$22.00 + \$2.00 per event entered.

Championship Events: A full programme of events. Entry fees vary, and these events are only open to registered athletes, unless it is a Secondary Schools' event.

'Classic' Meets: Part of the Athletics NZ series, hosted by local organisers around New Zealand. Limited programmes and entry criteria and fees may vary from meet to meet.

Further details about Centre meetings are in the Athletics Waikato-Bay of Plenty Summer Handbook and on the Athletics WBOP website. Information on National and International events can be found on the Athletics New Zealand website:

<http://www.athletics.org.nz>

New Zealand Championships 2026-2027

Dates	Venues	Championships
Fri 11 Dec - Sun 13 Dec	Whanganui	NZ Secondary Schools
Wed 27 Jan - Sun 31 Jan	Christchurch	Oceania / NZ Masters Track & Field
Thurs 11 Mar - Sun 14 Mar	Auckland	NZ Track & Field

Selection

The NZ Track & Field Championships are in Auckland this season. A Waikato-Bay of Plenty team will be selected to compete at these Championships. The selection criteria are set out in the Athletics Waikato-Bay of Plenty Summer Handbook. If you are not selected, you can still enter and compete at these Championships, representing Hamilton City Hawks.

Detailed information about entering is in the Athletics Waikato-Bay of Plenty Summer Handbook.

Check out their website for this. www.athleticswaikatobayofplenty.org.nz

Club Goals

- ◆ To assist members to achieve their ultimate potential as an athlete and person
- ◆ To ensure members enjoy the sport of Track & Field
- ◆ To encourage the development of international quality coaches
- ◆ To produce champions at school, club, provincial, national and international levels
- ◆ To provide a friendly social environment for members

Code of Conduct

- ◆ Members must ensure that they show consideration for other athletes, officials, coaches, and administrators. Treat others as you wish to be treated.
- ◆ Athletes, coaches and officials must respect all aspects of the Health and Safety Policy of the club and Athletics Waikato BOP.
- ◆ Athletes must respect the decisions of coaches, officials and administrators both from the Hawks club and other clubs.
- ◆ No drugs or alcohol are to be consumed at Porritt Stadium or in any other situation when representing the Hawks. Alcohol is acceptable in a social environment for those of legal age.
- ◆ Careful consideration of appearance and actions must be taken when representing the Hawks and Athletics Waikato BOP.
- ◆ Senior athletes have a responsibility as role models for the younger members of the club.
- ◆ If any member has an issue or concern, they may contact the secretary in writing or speak to a committee member so that the issue or concern may be resolved.

Health and Safety

- ◆ No-one is to warm up in the centre of the track while Discus, Javelin or Hammer throwing events are in progress.
- ◆ All members have a duty of care towards other members.
- ◆ When wearing spikes you must be conscious of others around you and limit the time you wear them off the track.
- ◆ A **First Aid kit** will be available from the Hawks' gear shed, and also from the shop during Track & Field meetings.
- ◆ A member trained in first aid must be present at all Club Nights and Open meets.
- ◆ Athletes are not permitted to use any equipment unless they are experienced, or they do so with the permission and guidance of an official or coach.
- ◆ All equipment must be used only for the purpose it was designed for.

- ◆ Members are encouraged not to leave valuables visible in vehicles parked in the Porritt Stadium car park. This is to reduce **theft** in the area.
- ◆ All accidents must be reported to a Club Captain or Club Official.
- ◆ All potential hazards must be reported so that they can be minimised or eliminated.
- ◆ Members should use the stairs when going up into the stand, rather than climbing over the front rail.
- ◆ When crossing the track, respect other athletes who may be training or competing.

Duty Club

Hamilton City HAWKS Track & Field has the contract with Athletics Waikato-Bay of Plenty to act as Duty Club for the summer. This involves at each centre meeting, setting up hurdles, assisting with set up of throwing sectors, putting equipment away as required. We also have the tender to operate the stadium shop at Porritt. This is a big responsibility for our Club and is also an opportunity to raise funds. Club Officials give their time freely and athletes are urged to assist whenever asked, to enable the club to function efficiently.

Funding

Hamilton City HAWKS Track & Field offer funding to those who are selected to represent Athletics Waikato-Bay of Plenty and Athletics New Zealand. Applications need to be submitted by email to the Secretary no less than 30 days before the competition, or as soon as possible after selection. Athletes applying for funding will be considered on a case-by-case basis.

To help support our coaches we have introduced a coaching fund. This may be used for travel or to attend courses. Coaches may apply for funding by applying by email to the Secretary. Athletes can also nominate their coach for funding by providing specific details via email to the Secretary.

Track and Field in Hamilton: A Brief History

'When the passengers of the steamboat Rangiriri disembarked on the banks of the Waikato River on 24th August 1864 they carried with them their scant possession, their hopes, their aspirations and one more thing, their love of athletics'.

The sport of track & field came to Hamilton with its first settlers, the 4th Waikato Militia in 1864. Many were recruited in Melbourne where Track & Field was established. The sport was generally the domain of 'gentlemen' as opposed to the hoi polloi and athletics was deemed to be a healthy pursuit.

The first recorded foot racing took place in 1866 some 18 months after their arrival. Then, needing something more, in 1869 they began the Hamilton Boxing Day Sports which combined an athletic meeting with a public picnic style event. The promoters were the prominent citizens and civic leaders.

This event went on to become a major entertainment event in Hamilton over the next 40 years. The sports had their own general meeting, elected officers and bank accounts. Using the 1869 beginning, we are the oldest club in the country.

In 1893 prominent citizen C.J.W. Barton moved to change the name of the event to Hamilton Athletic Club. The club ran 2 major meetings per year - Boxing Day and Queen's Birthday. Races were on handicap and cash prizes were offered.

The club thrived through many years and struggled through others.

Pre WWI the club was busy and active, but ranks were decimated by the war. In the 1920s the club struggled to re-establish. In the 1930s the club thrived and was one of the most prominent sports in Hamilton, only to suffer war years again in the 1940s.

The seed of an idea in the 1930s gathered momentum in the 1950s and by 1970 resulted in the opening of Porritt Stadium in 1970. The 1970s, 80s, and 90s have been very good years for the club. In 1998 Hamilton Athletic Club became a part of Hamilton City Hawks.

Through the years the club has maintained a prominent position locally, nationally and internationally. The club has produced quality leadership, coaches and athletes.

Over the years, the club has since 1914 run periodic international meets, run continuous weekly club nights, since 1912 began the Waikato Secondary School Championships in 1931, formed the Waikato Centre in 1945, won National League Meets and members have won Olympic medals and broken world records.

Further reading: The Centenary History of Hamilton Athletic Club. Copies in Hamilton Public Library

Hawks Olympians

Includes any Hawks athlete selected for Olympic Games at any time in their career and who at any time was a member of Hamilton City Hawks or their component clubs Hamilton Athletic Club and Hamilton Harrier Club

1948	John 'Dutch' Holland	400m hurdles
1952	John 'Dutch' Holland	400m hurdles-Bronze Medal
	Maurice (Moss) Marshall	800m 1500m
1956	Neville Scott	1500m
1960	Vic Mathews	110m hurdles (for GB)
1964	Neville Scott	5000m
1968	Barry Jones	5000m (selected but withdrew with injury)
1972	Dick Quax	5000m
1976	Dick Quax	10,000m, 5000m-Silver Medal
	David Rodger	Rowing- Bronze Medal
	Dianne Zorn/Rodger	1500m
	Euan Robertson	3000m steeplechase
	David Moorcroft	1500m (for GB)
1980	David Rodger	Rowing (selected but Games boycotted)
	David Moorcroft	1500m (for GB)
1984	Tony Rogers	1500m
	Dianne Rodger	3000m
	David Rodger	Rowing
	David Moorcroft	5000m (for GB)
	Lynette Massey	400m hurdles
1988	Madonna Harris	Road Cycling
	Madonna Harris	Cross-Country Skiing (Winter Olympics)
1992	Marguerite Ritchie	Marathon
	Gavin Lovegrove	Javelin
1996	Gavin Lovegrove	Javelin
	Craig Barrett	50km Road Walk
2000	Michael Aish	10,000m
	Craig Barrett	50km Road Walk
2004	Michelle Hyland	Road Cycling
	Michael Aish	5000m
	Craig Barrett	50km Road Walk
	Melina Hamilton	Pole vault
	Stuart Farquhar	Javelin
2008	Stuart Farquhar	Javelin

2012	Stuart Farquhar	Javelin
2016	Stuart Farquhar	Javelin
	Zane Robertson	10,000m
	Jacob Phillips	T35 100m, 200m
2021	Camille Buscomb	5000m, 10,000m
	Zane Robertson	Marathon
	Julia Ratcliffe	Hammer
	David Nyika	Boxing Bronze Medal
	Danielle Aitchison	T36 100m, 200m -Silver and Bronze Medal
2024	Camille French	Marathon
	Tori Peeters	Javelin
	Danielle Aitchison	T36 100m, 200m – Silver in both events

Major Awards

Trophy	Award	Recipient
Max and Ruby Cooper	T&F Athlete of the Year	Boh Ritchie
Fisher & Sefo	HAWKS T&F Junior Athlete of the Year	Jamie Fell
Chandler Cup	HAWKS Masters Athlete of the Year	Stephen Burden
McDonald Cup	HAWKS Para Athlete of the Year	Danielle Aitchison
Criss & Debbie Strange	Most improved HAWKS T&F athlete from previous season	Toby Kemble
Booth & Chapman	Most points gained by HAWKS T&F member at WAIBOP Champs	Alicia O'Connor & Esme Koning
WAC Pullar	HAWKS T&F top 400m hurdler	Maria Sartin
Centennial Throws	HAWKS T&F member who does most to promote throwing events	Steve Cornes
Dolly Vardon Cup	HAWKS T&F Senior Men 1500 club champion	Ben Bidois
Ferguson Pole Vault	HAWKS T&F top Pole Vaulter	Not Awarded
Stuart Clement Tankard	HAWKS Men's High Jump	Jarrold Parahini
Ayson Cup	HAWKS T&F Senior Men Club Champs sprints points	Nathan Browne
Senior Men's Field	Most points HAWKS T&F Senior Men Club Champs field events	Ben Bidois
Junior Sprint Trophy	HAWKS T&F Junior Sprinter of the Year	Madeleine Waddell
Wintec School of Sport and Exercise Science	HAWKS T&F Women Sprinter of the Year	Danielle Aitchison
Whaley Trophy	HAWKS T&F top Sprint Hurdler	Jamie Fell
Performance Plus Physio	HAWKS T&F Women's Distance	Boh Ritchie
Hamilton City Hawks	HAWKS T&F Jumper of the Year	Hannah Hickson
Hamilton City Hawks Cup	HAWKS T&F Club Coach of the Year	Graham Dudfield

Club Champs Points Trophies

Trophy	Award	Recipient
Senior Men's	Most points HAWKS T&F Senior Men's	Ben Bidois
RP Luckie Junior Points	Most points HAWKS T&F Men 20	Daniel Sherrard
Colts Points	Most points HAWKS T&F Men 18	Julian Syben
Taylor Trophy	Most points HAWKS T&F Men 16	Jack Stirling
Senior Women's	Most points HAWKS T&F Senior Women	Sabrina Edwards
Women's 20	Most points HAWKS T&F Women 20	Lucy Steele
Women's 18	Most points HAWKS T&F Women 18	Jamie Fell
Women's 16	Most points HAWKS T&F Women 16	Esme Koning Jasmine Rasmussen Shawyer
deBell Trophy	Most points HAWKS T&F Veteran Men and Women	Mark Cornaga & Kerry Rattray
Hawks Most Promising Male		Toby Kemble, Lucas Pedersen, Goerge Scott, Julian Syben, Kayden Wastney, Lachlan Maunder
Hawks Most Promising Female		Hannah Cornes, Esme Koning, Jasmine Rasmussen Shawyer
Athlete with a Disability	Most points overall	Caelan Harris

Trophy History

Max and Ruby Cooper Memorial Trophy

This trophy is presented to the Club Athlete of the Year and recognises the considerable contribution of Max (and Ruby) Cooper through the years 1948-1996. Max was an all-round sportsman, and a gifted hurdler. After completing a nine-year stretch as Club Captain and retirement from competition in 1962, Max continued as an official and achieved international recognition as a photo-finish timer. His wife Ruby was a Club and Centre official for many seasons.

Fisher and Sefo Trophy

This trophy is presented to the club Junior Athlete of the Year. Hayden Fisher came to the club as a sprinter in John Tylden's, Fairfield College stable of athletes and was one of the top sprinters in the club for many years and represented NZ in the 400m. He was club captain and an active committee member. Briar Sefo was a youngster when she joined the club as a middle-distance runner and soon gained NZ medals in 800m and the 400m hurdles. Briar was a former club captain.

Criss and Debbie Strange Trophy (formerly the Strange Burton Trophy)

This trophy is presented to the most improved athlete of the season. It was presented by two colourful members of the 70's. Paul Burton came to us as a sprinter from Melville High. Criss Strange was a gifted all-rounder, who specialised in 400m hurdles to National champion and NZ representative level. He has also contributed as a committee member, Club Captain, and coach.

WAC Pullar Trophy

HAWKS (formerly Hamilton Athletic Club) has a very strong tradition of hurdlers, and this trophy is for the top 400m hurdler in the club. Before Bill Pullar began his long association with the club in 1946, he had an interesting career during the 1930's, winning numerous New Zealand titles in events as diverse as 400m hurdles to cross country. During his early years with the Club he was coach to our first Olympians- Dutch Holland, and Moss Marshall. In the last few years of his life he remained interested in the Club and was a regular spectator at Porritt Stadium.

Centennial Throws Trophy

This magnificent carved trophy was presented by Debbie Strange, a member as a thrower in the Club in the 70's, and even more important as a coach from the 80's until now. Presented in conjunction with our Centenary in 1995, the trophy goes to the person who does most to advance the throws events, but also this trophy recognises the role of throwers in the Club throughout our history.

Dolly Vardon Trophy

Fred Jones was a particularly keen distance runner in the club before World War I. After his competitive career ended, he remained interested in the club as a vice president, supporter, and sponsor for another 40 years. His milk bar business, the "Dolly Vardon" was a landmark in Hamilton for as long, and a source of information for runners via its notice boards. The trophy was donated by Fred in 1936 and goes to the winner of the Club Champs over 1500m.

RP Luckie Junior Points Cup

Paul Luckie had the longest membership in the Club's history at 52 years. Luckie was an all-round athlete, in throws, hurdles and decathlon. Through the years he filled many roles including Treasurer, President, Selector, Manager, Coach and Life Member. His cup is awarded to the M20 athlete who scores the most points in Club Champs' events.

deBell Trophy

George de Bell joined the Club aged over 70 in the 1980's and proved himself to be a hardy competitor. This cup is awarded to the veteran who scores the most points in the Club Champs.

Whaley Trophy

This trophy is presented to the top sprint hurdler of the season. The Whaley Family were well known in the club in particular, Liam Whaley who was one of New Zealand's top sprint hurdlers. David Whaley served as President of HAWKS T&F for many years.



Club Records September 2026

Mens			
100m	Tian Whelpton	10.21	28..04.26
200m	Dale McClunie	20.92	06.03.87
400m	Cameron French	46.23	26.02.15
800m	Michael Calver	1:48.32	16.01.99
1500m	Zane Robertson	3:34.19	07.09.14
5000m	Zane Robertson	13:13.83	13.07.13
10000m	Jake Robertson	27:30.90	13.04.18
110m Hurdles	Liam Whaley	14.33	30.11.96
400m Hurdles	Cameron French	49.33	27.01.18
3000m Steeplechase	Gregor Cameron	8:39.4	29.11.89
5000m Walk	Craig Barrett	19:34.79	27.01.96
20km Walk	Craig Barrett	1:22:20	26.01.98
50km Walk	Craig Barrett	3:48:04	16.06.01
High Jump	Regan Standing	2.11	23.02.13
Pole Vault	Olivier Ball	4.90	11.03.90
Long Jump	Aaron Langdon	7.78	18.03.95
Triple Jump	Christopher Goodwin	15.10	08.05.21
Triple Jump – Indoors	Christopher Goodwin	15.17	28.02.21
Shot Put	Ryan Ballantyne	16.89	02.04.17
Discus Throw	Mark Robinson	58.64	15.05.82
Hammer Throw	Philip Jensen	68.96	27.10.90
Javelin Throw	Stuart Farquhar	86.31	29.04.12
Decathlon	Paul Wilson	7094	31.01.83
4x100m Relay	Fraser Cameron, Russell Wise, Liam Whaley, Patrick Whaley	41.20	15.11.97
4x400m Relay	Bjorn Jansen, David Matthew, Callum Stuart, Callum Taylor	3:14.85	03.03.96
Womens			
100m	Gail Wooten	11.5 HT	08.01.75
	Mariah Ririnui	11.84	22.03.13
200m	Monique Williams	22.90	20.08.09
400m	Madeleine Waddell	52.62	08.03.25
800m	Boh Ritchie	2:01.60	30.01.26
1500m	Dianne Rodger	4:10.62	16.07.84
3000m	Camille Buscomb	8:45.97	16.07.18
5000m	Camille Buscomb	14:58.59	06.10.19
10000m	Camille Buscomb	31:13.21	28.09.19
100m Hurdles	Gail Swart	13.77	23.01.75
400m Hurdles	Lynette Massey	57.39	10.03.85
3000m Steeplechase	Sarah McSweeney	10:22.98	09.02.08
3000m Walk	Kelly Mabbett	16:17.52	02.03.07
High Jump	Alice Taylor	1.91	10.05.24
Pole Vault	Melina Hamilton	3.90	09.03.97
Long Jump	Mariah Ririnui	6.14	08.03.14
Triple Jump	Kayla Goodwin	12.87	08.03.20
Shot Put	Terry Genge	13.54	01.07.86
Discus Throw	Melelosaline Lose	51.66	21.02.26
Hammer Throw	Julia Ratcliffe	73.55	26.03.21
Javelin Throw	Tori Peeters	63.26	21.03.23
Heptathlon	Terry Genge	5709	04.04.83
4x100m Relay	Kristie Baillie, Monique Williams, Mariah Ririnui, Tracey Hale	46.10	24.03.12
4x400m Relay	Mia de Jager, Boh Ritchie, Katlyn Cornes, Madeleine Waddell	3:49.55	06.04.25

Mens Para			
Shot Put	Jacob Phillips – F35	8.41 (4kg)	30.04.14
	Aohdan Hamilton – F36	9.84 (4kg)	19.03.25
	Caelan Harris – F44	8.07 (6kg)	08..03.25
Discus	Jacob Phillips – F35	29.59 (1kg)	02.03.18
	Aohdan Hamilton – F36	27.06 (1kg)	20.01.17
	Caelan Harris – F44	24.46 (1.5kg)	22.02.25
Javelin	Jacob Phillips – F35	25.45 (600gm)	28.03.14
	Aohdan Hamilton – F36	18.62 (600gm)	06.03.16
Womens Para			
100m	Danielle Aitchison – T36	13.20 (1.6)	19.05.26
200m	Danielle Aitchison – T36	27.18 (1.0)	03.10.25
400m	Danielle Aitchison – T36	1:17.94	03.03.18